

CLOSED REDUCTION NASAL FRACTURE

Indications: It has been recommended that you have a closed reduction of your nasal fracture. This is usually recommended if you had trauma to your nose that resulted in a fracture that has led to a noticeable deformity of your nose. Just because you broke your nose does not mean you need to repair it, unless there is a cosmetic change. You have about 10 days from the time of the trauma before the bone starts to fuse and make it difficult to reduce. This is a procedure that is usually done while you are under general anesthesia, and using a blunt instrument the nasal bones are pushed back to the pre trauma position (If your nose was crooked before the trauma, it will most likely be crooked after the surgery). This procedure is effective 85% of the time after the fracture is reduced. Persistent nasal deformities after reduction usually occur because the nasal bones may migrate after what looks like a perfect reduction at the time of surgery. An alternative to surgery is to wait a few months and if you are not happy with the way your nose looks consider a rhinoplasty. There are times that the extent of the deformity or functional problems may not be as obvious within the first 10 days after the trauma.

Material Risk of Surgery: There is a risk of bleeding, numbness of the teeth, crusting, pain, failure to completely improve the appearance of the nose that may require future surgery, intranasal scarring, nasal odor, and anesthesia.

What to expect:

You will be discharged the day of surgery. You will have a splint on your nose which we would like to stay in place till your follow up visit (if it falls off be very careful not to bump your nose and gently tape the splint in place). Occasionally packing will be placed in your nose to stabilize the nasal fracture. If you have intranasal packing, you will be instructed when to follow up to have the packing removed. You are to start using nasal saline nose drops the day of surgery (These can be obtained at any pharmacy), this will help to prevent crusting and improve the chance of you being able to breathe. You cannot overdose on the saline nose drops and they should be used at least 4 times a day. You should not blow your nose. If you don't have packing your first follow up will be 1 week after surgery. You will be instructed to continue to use the nasal saline drops 2 - 3 times a day for 2 weeks to minimize the risk of crusting and improve healing. You should not blow your nose for two weeks after the surgery, but if you feel congested you can use saline mist spray or drops purchased at the pharmacy and sniff in as much as you like.

You will be given a prescription for pain medicine to use as needed. If you have intranasal packing you will also be given a prescription for antibiotics. You should expect some bloody discharge from your nose, facial swelling, black eyes, facial discomfort, and nasal congestion early in the postoperative period. You should use a drip pad as needed depending on the extent of the drainage and intermittent ice packs to your face for the first 24 hours. Sleeping with your head elevated will help to minimize swelling. If there is sudden increase in swelling, fever, severe headache, or excessive bleeding call the office immediately for instructions (215 - 757 - 7300 or 609 - 890 - 7800). If the doctor cannot be reached in a timely fashion you should go to the nearest emergency room.

You can return back to work or school within a week after the procedure. Please refrain from heavy lifting or exercise for 2 weeks after the surgery.

I have read the above and I had the opportunity to discuss and ask my doctor and/or staff any questions and I fully understand my alternatives and the risk of the procedure.

Patient Signature (Or authorized signature) _____ Date

Witness _____ Date